



SENIOR ADVISORY BOARD MINUTES

Monday, March 20, 2017
City Hall Conference Room
4000 Main Street
Rowlett, TX 75088

Present: Pamela Bell, Michael Britt, Della Vickers, Rob Rose, Jerome Grossie, Brownie Sherrill
Absent: Charles Gaugler, Susan Bell
Visitors: Darrell Test, Marie Smith, Gaylynn Beckham, Larry Beckham, Linda Richard, Debbie Bobbitt
Staff: Tammy Dana-Bashian, City Council liaison; Jill Beam, Recreation Programmer-Seniors; Shelly Monroe, Parks and Recreation Administrative Assistant; Angela Smith, Director of Parks and Recreation; Denise Perrin, Community Relations Manager

1. The Chair, Pamela Bell, called the meeting to order at 10:00 a.m.
2. Quorum was present.
3. Consider action to approve February 20, 2017 minutes.
 - A. Della Vickers motioned to accept as written.
 - B. Rob Rose seconded the motion.
 - C. Approved 5 - 0.
4. Senior program updates and summer programs.

Jill Beam reported a trip to the Dallas Arboretum will take place on March 29, 2017. A SCOR seminar on foot care will be held tomorrow. Gomer Hearing will be at the Rowlett Community Centre (RCC) next week to perform hearing screenings. On April 4th there will be the 1st Annual Senior Easter Egg Hunt followed by lunch at the RCC. The Afternoon Movie program will be on April 12th. April 13th is the Senior Pot Luck lunch. April 20th is a trip to the Dallas Zoo. On April 7th there will be a free demo of Drumba Fitness. J. Beam is now certified to teach Drumba and there is the possibility of offering the program in May.
5. City of Rowlett Communications and Community Relations Presentation.
 - A. Denise Perrin mentioned this year they are looking at celebrating boards and commissions. She inquired about obtaining feedback in relation to advertising what this board needs. City of Rowlett Facebook page has a large group of social audience. If there is anything for her to talk about she just needs information.
 - B. Having a video of all the senior programs at RCC to help promote senior opportunities was suggested. Information for the senior transportation provided by STAR will be placed with the utility bill at the end of March and beginning of April. A brief discussion was held in relation to neighborhood sites for advertising. Members were encouraged to submit senior stories rather than focus only on events.
6. Senior Feasibility Study - Ron Hobbs Architecture & Interior Design, LLP.
 - A. Services provided by Ron Hobbs Architecture & Interior Design was shared with board members as well as the different projects they have completed. Some of the senior centers they have worked on in the past have been community center-based with a social service focus or recreation-based with an active focus. They briefly explained these different types of centers. Feedback needed should be focused on the larger issues rather than details for the beginning of this process.
 - B. The Feasibility Study will help to determine what type of center will be built and the



approximate cost. The results of the study will be applied to make a decision as to the best option. The options to be compared are 1) Adding a wing to the Community Centre; 2) A separate building.

- C. Discussion revolved around positives and negatives of each option. A few things noted in regards to a separate building is it would need to be large enough for seminars, health fairs, programs, include a kitchen as well as staff being present. Notations made in regards to adding a wing to the existing RCC is to have a separate door for easier parking and access. Presently there is a long walk to enter the Community Centre. Several seniors use the gym facilities. Adding a wing will require removing trees. Another consideration due to the city's growing population is that adding a wing may not be a long term solution because the parking lot is not able to be expanded.
 - D. Questions were posed to the board 1) What to use the center for? 2) How do you want to use the center? 3) What are your attitudes for the use of a center around you? In response, some feedback provided was a senior center needs to include passive activities and active activities, as well as places to have scenery for quiet space, information & technology space for training classes, space for serving meals, hold seminars or health fairs, staff to be available, workshops, fairs, fitness equipment, pickle ball, walking trails, a golf simulator, easy accessibility and exercise classes. Angela Smith will be able to provide statistics such as participants, number of programs, etc. Ron Hobbs Architecture & Design will compile a preliminary list of items then share the list with the board before moving forward.
7. Texas Recreation and Park Society (TRAPS) Senior of the Year Award.
Angela Smith reminded members that J. Beam, through the TRAPS Leisure and Aging Branch, nominated L. Beckham for Senior of the Year. TRAPS is an overseeing association that governs what Parks and Recreation does and City of Rowlett Parks and Recreation staff are very engaged with TRAPS. This award focuses on a senior who gives above and beyond. The award was presented March 1st in Irving, Texas. Appreciation and congratulations was expressed to L. Beckham while presenting him the award.
8. Update on Estate Planning program held March 14, 2017.
P. Bell reported there were 25 attendees and the presentation provided helpful information seniors can use.
9. Follow up with plans on the Health Fair to be held April 11, 2017.
D. Vickers has a list of tasks for each member and volunteers are also needed. There are 43 vendors registered for this event. Members will arrive by 8:00am at the RCC in order to begin assigned tasks.
10. Update from City Council liaison, Tammy Dana-Bashian.
A. Life Message is looking for a new location because they lost their lease.
B. Keep Rowlett Beautiful, in partnership with Life Message, will host an electronic disposal and document shredding recycle day at Rowlett High School on March 25, 2017 from 9:00am - 1:00pm.
C. Preliminary discussions on Tax Increment Reinvestment Zone (TIRZ) are in process. A brief explanation about TIRZ was provided.
11. Senior concerns.
No senior concerns noted.



12. Public input or questions.
Linda Richard expressed concerns that there are time overlaps of some classes and educational opportunities offered, thereby causing consumers to choose, rather than expanding opportunities into the afternoon times. It was mentioned some of the classes are becoming too large so an inquiry was made to expand the classes and educational times. Angela Smith provided an explanation related to these type of issues.
13. Public announcements
 - A. A. Smith informed members a group photo will be taken at next month's meeting there In order to include it in this year's presentation for City Council which will be held in May.
 - B. Coyle house is now available to rent for events. The rental process was explained.
14. No members of the board requested topics for future meetings.
15. D. Vickers motioned for adjournment at 11:49am.
Michael Britt seconded the motion.
Unanimous vote in favor to adjourn.

Pamela Bell, Chair

Angela Smith, Director of Parks & Recreation