



SENIOR ADVISORY BOARD MINUTES

Monday, June 18, 2018
City Hall Conference Room
4000 Main Street
Rowlett, TX 75088

Present: Patricia Bird, Virginia Denson, Janie Lossman, Pam McKissick, Rob Rose, Michael Britt, Charles Gaugler

Absent: Susan Bell

Visitors: Linda Richard, Jim McKissick, Chris Bunkoff, Betty Madden, Cecila

Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Angela Smith, Director of Parks and Recreation; Rachel Wolpert, Recreation Supervisor; Paul Stevens, Deputy City Manager

1. The Chair, Rob Rose, called the meeting to order at 10:00am
2. Quorum was present.
3. Consider action to approve May 21, 2018 minutes.
 - A. Michael Britt made a motion to accept the minutes as written.
 - B. Charles Gaugler seconded the motion.
 - C. Approved 4 - 0.
4. Rowlett Fire Department presentation.
 - A. Neil Howard, Fire Chief, shared information on the City Asset Management Software which is a mobile operative checking system and allows real time for tracking assets.
 - B. The Fire Department hasn't added staff in several years even though the population has grown. City Council agreed to the Fire Department applying for a grant that will help allow additions to the department, as well as for training. A brief description on a couple other grants being pursued was shared.
 - C. Heat maps of the city were presented and reviewed on the community warning systems. NOAA Weather Radio is an all-hazard alert radio. Members were reminded about smoke detectors and having an escape plan. A smoke detector blitz is performed annually and this was explained.
 - D. Fire Chief supports participating with the Senior Health Fair.
 - E. Firefighters are at risk for cancer with the highest type being lung cancer followed by throat cancer (thyroid and prostate). There is a blood test that can be done to help detect cancer and the department will slowly incorporate this being done for their firefighters. There is no federal funding but there are federal mandates and it costs money. Over the years there has been an increase of suicide and cancer in firefighters. Fire Chief talked about how firefighters are educated on these issues.
5. Finalize presentation for the City Council joint meeting scheduled for June 19, 2018. A draft of the presentation was reviewed. Members agreed upon the 2017-2018 accomplishments and potential goals for 2018-2019. The work session will begin



at 6:00pm. DART services and vouchers were briefly discussed in preparation for anticipated questions.

6. Review the Senior Friendly Business Award nomination list and discuss.
 - A. A list of potential award recipients was presented to members for review. Life Message, Rowlett Donuts, and Silverado Hospice were chosen as the top three contenders. After further discussion a decision for the award recipient was made.
 - B. Rob Rose made a motion to recognize Life Message for the 2018 Senior Friendly Business Award. Michael Britt seconded motion. Approved 4 to 0.

7. Discuss future plans for the Health Fair.
 - A. Members discussed feedback and possible suggestions for next year's health fair. There will not be any raffle tickets for vendors next year. If raffle ticket holders are not present to claim the prize then it will be the vendor's responsibility to contact the winner. A suggestion was made to use a white board to write winners names and identify the vendor booth which will empower winners to identify themselves and obtain their prize.
 - B. Ideas to invite businesses with a bus who can provide health screening for vision, hearing or mammogram in the parking lot while the booth activity is occurring indoors.
 - C. Discussed the location but the gym is not an option and this was explained. Extra seating in the corridor area is needed because the existing seating options are not enough. Having vendor parking passes along with designated color codes should be considered to improve parking for attendees.
 - D. Possibly have food vendors who offer health smoothies.
 - E. Having one delivery box for vendor and participant surveys about the health fair. Surveys for vendors can be on a color form and surveys for participants can be on a white form. The box can be set up at the entrance of Room D. To help with the flow of attendees there should only be one entrance through Room D with one exit in Room A. Board members can be more active with walking the booth vendor area and introduce the vendor survey as well as establish rapport. Health Fair will be held on the 2nd Tuesday of April 2019.

8. Senior Program updates.

Rachel Wolpert stated there is a new instructor for Energizer program and encourages participants to provide feedback. On August 3, 2018 there is a trip planned to Waxahachie and it is presently half full. In July, Bobby Blakey, a Tae Kwon Do instructor, will offer seniors self-defense classes and a program for chair volleyball will be offered. Any trip ideas can be shared with Jason Aguirre, Programmer for Seniors.

9. Updates from City Council member, Pamela Bell.
 - A. Interviews for the Rowlett Diversity Commission will occur this Wednesday and Thursday from 5:30-8:30pm.
 - B. City Council will hold a strategic planning session on June 29, 2018 and June 30, 2018 from 8am-5pm to cover items for the next fiscal year. This meeting is open to the public.
 - C. Farmers Market will be held next Thursday. The first market held had 15 vendors and this one will have 25 vendors.

- D. Fireworks on Main will be held July 4, 2018 starting at 6pm located at Pecan Grove Park.
 - E. Low cost vaccinations for pets are held the first Sunday of each month. Contact the Animal Shelter for more information.
 - F. The Phoenix sculpture went vertical at Schrade Bluebonnet Park on June 1, 2018.
 - G. City of Rowlett has a new website which hopefully makes it more user friendly and members were encouraged to check it out.
 - H. Library re-opened from the move to The Villages at 3900 Main Street on the first floor.
 - I. Meeting with the Mayor for coffee and chit chat was held June 14 and there will be another one held in August. Michael Britt elaborated on his experience from attending this activity and described it as excellent.
 - J. There will be a townhall meeting in July on school safety and citizen active shooter training. The date and time will be announced soon.
10. Senior concerns.
No senior concerns.
11. Public Input or questions.
- A. A representative from the Friends of the Library was a vendor at the Health Fair this year and mentioned that the tables not being assigned brought a feeling of disorganization.
 - B. Linda Richard stated that having the new DART service is good but expressed concern for the seniors who are on a limited income and who use the service regularly. The number of vouchers limited per a person can be significant and possible barrier for long term use of the service when there is no longer STAR Transit.
12. Public announcements. Members of the Board and/or staff may make announcements of local civic events.
Angela Smith announced there will be two public meetings for the Development Block Grant (CDBG) program in preparation for discussing allocation of funds for next year beginning on October 1, 2018. Both meetings will be held on June 29, 2018 with one location at City Hall Chambers at 10:30am and the other location at the Rowlett Community Centre for 6:00pm.
13. Members of the board may request topics for future meetings.
None
13. Adjournment
- A. Patricia Bird motioned for adjournment at 12:05pm.
 - B. Michael Britt seconded the motion.
- Unanimous vote in favor to adjourn.



Rob Rose, Chair



Angela Smith, Director of Parks & Recreation