



## SENIOR ADVISORY BOARD MINUTES

**Monday, January 28, 2019**  
**City Hall Conference Room**  
**4000 Main Street**  
**Rowlett, TX 75088**

---

**Present:** Virginia Denson, Rob Rose, Michael Britt, Alberta Reese, Kenneth Williams, Veda Kull, Karen Cosby, Susan Bell

**Absent:** Patricia Bird, Chris Del Regno

**Visitors:** Jeff Sheldon, Chris Bunkoff, Brownie Sherrill

**Staff:** Shelly Monroe, Parks and Recreation Administrative Assistant; Angela Smith, Director of Parks and Recreation; Rachel Wagner, Recreation Supervisor; Pamela Bell, City Council Liaison; Jim Grabenhorst, Economic Development Director; Munal Mauladad, Community Development Director

---

1. The Chair, Rob Rose, called the meeting to order at 10:00am
2. Quorum was present.
3. Consider action to approve December 17, 2018 minutes.
  - A. Susan Bell made a motion to accept the minutes as written.
  - B. Michael Britt seconded the motion.
  - C. Approved 6 - 0.
4. Community Development and Economic Development presentation.
  - A. Jim Grabenhorst presented information about diversifying the tax base, Rowlett economic trends and DFW area snapshot. How to access the Economic Development website, the Downtown website and North Shore website was explained.
  - B. North Shore is a mixed-use district representing nearly 40% of undeveloped land in Rowlett. This is a target industry and the business recruitment strategy is complete. Update on Bayside project was provided such as Bayside North construction has begun and explained and Bayside South is in middle of litigation. Interstate 30 enhancements were introduced and there is a public hearing on January 31, 2019 in Royse City. Village of Rowlett Downtown businesses opened and coming such as Dos Chavos and Lexies, Redemption Barber Shop, and Book Club Café. Explanation of a new project, 3901/3919 Main Street, was provided. Community Development and Economic Development staff will be moving offices to the old library. Downtown East will begin in February and will be done in phases. A couple other projects are the hospital expansion, Lakeview Pointe Senior Living, Minyard Sun Fresh, and Shoppes at Lakeview.
  - C. Munal Mauladad presented information from the Community Development that includes Planning Division, building inspections, engineering and neighborhood services which encompasses environmental health, code enforcement and animal services.
    - i. The Planning Division is responsible for implementing the Comprehensive Plan. Information on housing and secondary residential structures was



- shared. Senior living: Lakeview Senior Living anticipated completion is 2020; Bee Hive Memory Care zoning has been approved; and Evergreen Senior Living has been constructed and residents occupy the building.
- ii. Engineering: a review of what engineering services encompass.
  - iii. Building Inspections: Safeguarding quality building and construction was explained.
  - iv. Neighborhood Services: Work on improving livability and ensuring safety. Proactive Code Enforcement; Health Services include food establishments, work in conjunction with Dallas County to battle mosquito issues; Animal Shelter - next Adopt-a-thon will be held February 16, 2019. Other neighborhood programs are the Habitat for Humanity of Greater Garland and the city partners with Salvation Army to offer utility assistance.
5. Senior Program Updates.
    - A. Rachel Wagner reported 1,324 DART passes have been distributed since October 1, 2019. DART will be present at the RCC tomorrow morning about 8:00am to answer any questions about Go Link.
    - B. On February 8, 2019 a trip to the UTA Planetarium and Rangers Ballpark in Arlington will welcome guests to participant at a cost of \$20. Senior Archery class has begun and held on Thursdays at 1:30pm at a cost of \$15 per month. Trying to start a league for the Chair Volleyball in March at a cost of \$10 per person. March 22, 2019 is a trip to South Fork Ranch. Senior classes taught by Bobby Blakey on Mondays at 11:00am and Friday at 10:45am.
  6. Follow up on IRS and Taxes seminar held January 8, 2019.

Virginia Denson reported there were 22 attendees. She provided some information about the speaker and mentioned there were many questions due to so multiple changes. Virginia Denson suggested attendees should jot down their questions and hold them to the end so the presenter can get through the information. Michael Britt suggested the length of seminar be expanded by a half hour. Angela Smith explained it may be helpful to inform the speaker there is an hour for presentation then there is time allotted for questions so there is an hour and a half time available for the seminar.
  7. Upcoming programs.
    - A. Senior Scams - February 12, 2019 by Tammy Dana-Bashian.
    - B. Get Your House in Order - March 12, 2019 by Lindsey Tanner.
  8. Discuss plans for the upcoming Health Fair.
    - A. The Health Fair will be held on April 9, 2019.
    - B. Contact with vendors will be made in February giving them a week to respond. There are a few vendors on the waiting list. The only 2 changes are the vendor will contact the winner of door prize if recipient is not present. Vendor nor board members are not eligible to win a prize.
    - C. Question about being about flyers to promote the event. Flyers will be ready in March.
  9. Update on the task for Frequently Asked Questions.



Alberta Reese is working on a list of questions. Members encouraged to reach out to her if there is a question that should be added. The list will be presented to members by the next meeting.

10. Update on the revision of senior Resource Guide.  
Veda Kull reported that her and Michael Britt are working on the updates. The revision to the list is almost complete and will be provided to board members for review. At the next meeting members can agree or not agree to the final updated version.
11. Discuss the AARP's Network of Age Friendly Community.  
Rob Rose presented information on this concept including for it to help make Rowlett into a livable community for seniors. Members are encouraged to start looking at things to contribute input. Angela Smith recommended when such things similar to the lack of sidewalk connections are noticed to send to Shelly Monroe so it can be added to the list as the city begins to work on trail planning and sidewalk funds.
12. Updates from City Council member, Pamela Bell.
  - A. Descriptions of all the senior programs can be found in the Lakeside Leisure starting on page 17. Information can also be found on the city website at [Rowlett.com/seniors](http://Rowlett.com/seniors).
  - B. Members were encouraged to listen to the Mayor's State of the City Address.
  - C. Members were encouraged to consider nominations of persons in the community for Spirit of Rowlett.
  - D. Elections will occur on May 4, 2019 for places 2, 4 and 6 which involve Brownie Sherrill, Debby Bobbitt, Martha Brown and Mayor Tammy Dana-Bashian. Applications are located on the city website.
  - E. The Animal Shelter will hold low cost vaccinations at Liberty Grove Animal Hospital on February 3, 2019.
  - F. There will be a recycling event on April 27, 2019.
  - G. City of Rowlett has a mobile app to conveniently connect you with city services and information.
13. Senior concerns.
  - A. Alberta Reese asked about Springfield Park and mosquito care due to the flooding. Angela Smith explained this park is a flood zone and the Parks and Recreation Department partner with Rowlett Health Inspector to work on this issue.
  - B. Angela Smith clarified that DART on-call service is going to be phased out, but Go Link service will continue. The reasoning is because it is a duplicate service.
14. Public Input or questions.
  - A. Jeff Sheldon announced SCOR has a seminar on foot and ankle and includes a lunch on February 19, 2019 at 10:00am at the RCC.
  - B. Chris Bunkoff with Life Message stated on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of each month nutrition classes are held. There is a new Veterans Resource Center located at 4210 Industrial Street near the DART station. On Feb 1<sup>st</sup> there will an Open House and tours from 10:00am to 1:00pm. Life Message received a small grant that will assist with transportation for those who do not qualify for Rowlett's DART passes and it is possible to use the funds to assist with small vehicle repairs.



15. Public announcements. Members of the Board and/or staff may make announcements of local civic events.  
None
16. Members of the board may request topics for future meetings.  
No topics requested.
15. Adjournment at 11:50am

A handwritten signature in black ink, appearing to be "Rob Rose", written over a horizontal line.

Rob Rose, Chair

A handwritten signature in blue ink, appearing to be "Angela Smith", written over a horizontal line.

Angela Smith, Director of Parks & Recreation