



SENIOR ADVISORY BOARD MINUTES

Monday, April 15, 2019
City Hall Conference Room
4000 Main Street
Rowlett, TX 75088

Present: Virginia Denson, Rob Rose, Alberta Reese, Kenneth Williams, Veda Kull, Karen Cosby, Susan Bell, Chris Del Regno, Michael Britt, Patricia Bird

Absent:

Visitors: Brownie Sherrill, Linda Richards, Loretta James, Jeff Sheldon

Staff: Angela Smith, Director of Parks and Recreation; Pamela Bell, City Council Liaison; Shelly Monroe, Parks and Recreation Administrative Assistant; Rachel Wagner, Recreation Supervisor

1. The Chair, Rob Rose, called the meeting to order at 10:00am
2. Quorum was present.
3. Consider action to approve March 18, 2019 minutes.
 - A. Michael Britt made a motion to accept the minutes as written.
 - B. Patricia Bird seconded the motion.
 - C. Approved 6 - 0.
4. Rowlett Police Department presentation.
 - A. Officer Dana Reeves acknowledged those members of the Senior Advisory Board who participated in the Citizen Police Academy.
 - B. Police Department Community Service Division provides security walk throughs for businesses, churches, and residents. He provided an information sheet of crime prevention tips for residential burglaries. (Susan Bell entered). Information of things homeowners can do to make it more difficult for burglars was shared with members such as Crime Prevention through Environmental Design that helps to create a safer neighborhood and focuses on the exterior. The exterior components include Wide-ranging recommendations to architects include the planting of trees and shrubs, the elimination of escape routes, the correct use of lighting, and the encouragement of pedestrian and bicycle traffic in streets.
 - C. Question about the vacation watches and direct patrols. Officer Reeves confirmed Rowlett has these services. On the city website there is an application for Directed Patrol and Business/Vacation Watches that can be done online or can submit a hard copy.
5. Follow up on the Health Fair held April 9, 2019.
 - A. Rob Rose reported there were 40 vendors signed up although 5 did not show. There were 3 vendors not registered who were present, therefore they were allowed to participate. It appeared many of the vendors had more than one person per station. Some attendees did not want to sign up for the door prize so maybe place a blank slip for each of those persons to provide a more accurate



- count of attendees. There were approximately 150 attendees plus the vendors and six board members.
- B. Angela Smith suggested for members to inquire from other seniors what type of vendors they would like to see at next year's Health Fair. Another consideration is to have all the city vendors in Room D or in one section.
 - C. Members inquired about class instructors being invited to share information about their programs and educate visitors of what is offered.
 - D. Suggestion of vendors having an option to either bringing a door prize or provide a snack. Also maybe have a snack table to help keep the visitors there and allow space for them to sit. A volunteer could stay with at this table. Board would need to split vendors as to what vendors will bring so there is a combination of door prizes and treats.
6. Update on the task for Frequently Asked Questions.
Alberta Reese provided a list of the updates on the questions and answers. There are only a couple questions remaining that need information. After the questions are completed then the list of questions will be reviewed for accuracy before being posted on the city website.
 7. Continue the discussion of the AARP's Network of Age Friendly Community.
Rob Rose asked members to keep be in search for any possible areas and how to make this a more age friendly community. These will need to be brought to this board's attention at the next meeting in order to have the items included in the presentation for City Council joint meeting.
 8. Discuss plans for the City Council Joint meeting scheduled for June 4, 2019.
Angela Smith explained the reason for this joint meeting and requested member feedback. Board members will need to decide on a budget request to continue staffing the Golf Cart Shuttle Service and for the DART vouchers. Data of the number of visitors using the golf cart, as well as the expenses and usage of DART voucher was discussed.
 9. Update on senior programs.
Rachel Wagner announced that registration for the summer programs, including Aqua motion and Aqua fit, is officially open. Thus far there are six persons registered for the overnight trip. Mother's Day will consist of a craft project and snacks and there is a \$15 fee for the craft supplies. Other future programs will be offered in later summer.
 10. Updates from City Council member, Pamela Bell.
 - A. Rowlett ranks #9 Safest City in Texas through Safehome.org.
 - B. Easter Eggstravaganza and Pup-A-Palooza events were moved to April 20th due to the rain.
 - C. Rowlett Sings will be held April 27, 2019 at the Rowlett Community Centre.
 - D. May 4, 2019 is the election.
 - E. Hands Across the Bridge program consists of a group walking along Highway 66 bridge from the Rockwall side to the middle and back on the 22nd of every month.



- F. Keep Rowlett Beautiful is holding an Electronic Recycling and document shredding on April 27, 2019 from 9am - 1pm. The first three boxes are free.
 - G. CPR class will be held at RCC starting July 6, 2019 and the fee is \$30.
 - H. Sign up for AMI to get real time water usage is on the city website.
 - I. Spirit of Rowlett is only for Rowlett residents.
 - J. Kid Fish and Cardboard Boat Regatta will be on April 27, 2019 at Community Park.
11. Senior concerns.
No senior concerns.
12. Public Input or questions.
- A. Brownie Sherill announced The National Association of Negro Business and Professional Women's Clubs recognized Pam Bell with the Garland Club 2019 "Trailblazer" Award.
 - B. Jeff Sheldon shared the SCOR seminar is April 16, 2019 at 10:30am on Parkinson Disease and to be presented by a representative from the Parkinson's Voice Project.
 - C. Jeff Sheldon mentioned during the recent political forums there was notable recognition of shortage of apartments for seniors. There is a waiting list of 6 to 9 months to get into the senior living in Rowlett. This topic may be good for the senior board to consider.
 - D. Linda Richard voiced appreciation on the information shared by the tax seminar because it was really helpful. Inquired about tax preparations being done in Rowlett again. Alberta Reese replied she will look into gathering more information.
13. Public announcements. Members of the Board and/or staff may make announcements of local civic events.
Veda Kull said that Unite Rowlett, Love my City Week will be held from June 9th through June 14th. She briefly explained what the group is about and the group is seeking projects to work on during that period of time. The website UniteRowlett.com is the place to get more information.
14. Members of the board may request topics for future meetings.
Tax Preparations for seniors in Rowlett.
15. Adjournment
Susan Bell made a motion to adjourn at 11:58am.
Virginia Denison seconded the motion.
Unanimous by all those present to adjourn

Rob Rose, Chair

Angela Smith, Director of Parks & Recreation