



SENIOR ADVISORY BOARD MINUTES

Monday, November 4, 2019
City Hall Conference Room
4000 Main Street
Rowlett, TX 75088

Present: Rob Rose, Alberta Reese, Susan Bell, Patricia Bird, Veda Kull, Karen Cosby, Michael Britt, Virginia Denson, Chris Del Regno, Kenneth Williams

Absent:

Visitors: Elise Bowers

Staff: Angela Smith, Director of Parks and Recreation; Pamela Bell, City Council Liaison; Shelly Monroe, Parks and Recreation Administrative Assistant

1. The Chair, Rob Rose, called the meeting to order at 10:01am
2. Quorum present.
3. Age-Friendly Livable Communities presentation by AARP.
 - A. Susan Williams, Associate State Director of Outreach and Advocacy for AARP Texas showed maps of the percent of population over age 65 and other statistics. An explanation of what a livable community is. Spoke about if communities are ready for age-friendly livable communities. Talked about the 8 domains of livability and it depends on your community needs.
 - B. Discussed the process used with City of Dallas, Austin, San Antonio and Houston. Desoto and Cedar Hill have recently submitted an application. Rowlett is rating about 49 on the assessment which can be found online. The steps for City of Rowlett to join the AARP age-friendly network which is a letter of commitment signed by the jurisdiction's highest elected official and a membership application needs to be submitted. An Action Plan overview was discussed.
 - C. Susan Williams is more of a consultant, although there are some volunteers. Identify stakeholder group (church, chamber, churches, DART, Life Message, Nurses Association with Meals on Wheels, city departments) and make a list of all the resources. Susan can send a sample survey and can use resource such as Survey Monkey along with providing hard copies and this will help identify gaps. Identify what the city is already good at and who is doing it, then take a look at the gaps and how to resolve these gaps. It may take about 2 years to get an action plan in place. This board will need to decide how to get the survey out to others for feedback. The survey is long but it can be shortened. Members may go on the AARP website and look at other city action plans for ideas.
 - D. Senior Board member appointees would attend other city boards and commissions to see what things they have happening in their world.
 - E. Age-Friendly Livable Communities initiative can support the Dementia Friendly America. The Health Fair may be a way to share information about the domains and the layout for the fair could follow the domains.



4. Members of the board may request topics for future meetings.
Discuss the AARP Livable Community survey.
Define the Smart Home seminar.

5. Adjournment
Susan Bell made a motion to adjourn at 11:07 am.
Patricia Bird seconded the motion.
Unanimous by all those present to adjourn.

A handwritten signature in black ink, appearing to read "Rob Rose".

Rob Rose, Chair

A handwritten signature in blue ink, appearing to read "Angela Smith".

Angela Smith, Director of Parks & Recreation