



## SENIOR ADVISORY BOARD MINUTES

Monday, June 21, 2021  
Rowlett Community Centre  
5300 Main Street  
Rowlett, TX 75088

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**Present:** Regular members: Chair Patricia Bird; Vice Chair: Virginia Denson, Alberta Reese, Susan Bell; Alternate: Kenneth Williams

**Absent:** Veda Kull

**Visitors:**

**Staff:** Shelly Monroe, Parks and Recreation Administrative Assistant; Kari Pacheco, Parks and Recreation Assistant Director; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director; Colin Paterson, Senior Programmer

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1. The Chair, Patricia Bird, called the meeting to order at 10:05am. Kenneth Williams appointed as voting member. Quorum present.
2. Consider approving the minutes from May 17, 2021.
  - A. Virginia Denson made a motion to approve the May 17, 2021 minutes as written.
  - B. Alberta Reese seconded the motion.
  - C. Approved 5 to 0.
3. Citizen's Input.  
No citizen input.
4. Senior Program and activity update.  
Aaron Cleaver: a) Colin Paterson introduced as the new Senior Programmer; b) DART vouchers started being distributed again, but there is apparently an issue with Go Link so staff is looking into this issue; c) Programs: Starting back and still discussing when to bring back the group activities but plans are for them to start up in July. A couple questions were asked about the programs and C. Paterson supplied answers. The Lakeside Leisure for July & August will be out next week.
5. Follow up on joint meeting with City Council held June 1, 2021.  
Aaron Cleaver thanked members for being present and overall, the meeting was good.
6. Update from City Liaison, Pamela Bell.
  - A. Citizen's Academy started. The next Citizen's Academy will be held in the fall season and will be during the day-time hours.
  - B. Police Academy begins August 26, 2021.
  - C. A new subdivision, Trails of Cottonwood, will be going developed and the houses are single family homes.
  - D. Fireworks on Main will be held July 4, 2021 starts at 6pm. Fireworks will be about 9:40pm.
  - E. Board applications are now being accepted.



- F. If anyone needs a best buddy, remember the Animal Shelter has adoptable pets along with discounted spay and neuter programs and low-cost vaccination programs.
  - G. All the computers are now operating for the public's use at the Library.
  - H. City Council started the budget strategy session and there is an all-day budget retreat on Saturday.
  - I. The Water Tower is lit for Juneteenth. The Mayor gave a proclamation for Pride Month which was done without consultation with City Council. The situation initiated a process that may be on a future ballot.
  - J. Farmer's Market continues to be held on Saturday. A brief discussion about the setup of vendors and future plans.
7. Discuss Health Fair scheduled for September 14, 2021.  
Virginia Denson with the assistance of A. Reese will start sending emails to possible vendors requesting interest to participate. There is a vendor waiting list from the previous year, therefore there is a pool of vendors to contact. Signage will be needed. Golf cart will be available.
8. Begin discussion on fall seminars.
- A. October 12 and November 9 are the two dates for seminars since Health Fair was re-scheduled to September. Kenneth Williams suggested a topic relative to ways of getting back active in the community, encouraging persons to get vaccination, what are the issues with COVID now - such as going to public places, using DART, etc. Alberta Reese voiced an interest in mental wellness and loneliness for seniors. Susan Bell suggested basics of using DART/where you can go using DART and a walk-through of how to use it once they arrive at the station. Possibly there could be a program set up such as a DART 101 class to include all these DART items. S. Monroe mentioned Baylor Scott and White representative contacted the Parks & Recreation Department and requested to present on Medicare.
  - B. Kenneth Williams will contact Trice Battle, Scott & White for October Medicare. Need to look at resources for Mental Wellness for November.
9. Discuss AARP Livable Communities Age-Friendly stakeholder meetings and the action plan.  
Stakeholder meetings continue to be planned and held. Subcommittees are working on components of the action plan. Information discussed in stakeholder meetings are being compiled into a document so all board members can review the material. Social Participation & Inclusion will meet tomorrow. Transportation meeting is cancelled for this week, but an informational email will be sent. Housing was unable to meet last month but meets this Friday. Patricia Bird asked if there is a hard deadline and can we inquire if the deadline can be extended if the plan is not devised by end of year.
10. Senior Concerns.
- A. Concerns with Go Link moving to phone apps and access being electrical because not all seniors have smart phones for this capability. It sounds like more trouble than what some seniors will want to deal with it. Inquired if DART can return to get the cards set up.



- B. Pat Bird asked about garbage on side of roads such as brush, etc. Pam Bell said FCC is under new management and weather has also been a hinderance. If it is a contractor, then the contractor is supposed to take the trash with them and bring it to the dump. City Manager's Office is speaking with FCC to help resolve the issue.
11. Public announcements. Members of the Board and/or staff may make announcements of local civic events.  
No announcements.
12. Members of the board may request topics for future meetings.  
Affordable Housing updated.
13. Adjournment at 11:10am.

A handwritten signature in cursive script, appearing to read "P. Bird", written over a horizontal line.

Patricia Bird, Chair

A handwritten signature in cursive script, appearing to read "Aaron Cleaver", written over a horizontal line.

Aaron Cleaver, Parks & Recreation Director