



## SENIOR ADVISORY BOARD MINUTES

Monday, September 20, 2021

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

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Present: Regular members: Chair Patricia Bird; Vice Chair: Virginia Denson, Alberta Reese, Veda Kull, Susan Bell; Alternate Kenneth Williams

Absent:

Visitors: Brownie Sherrill


Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Kari Pacheco; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director; Colin Paterson, Senior Programmer

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1. The Chair, Patricia Bird, called the meeting to order at 10:04am. Quorum present. Kenneth Williams appointed as a voting member.
2. Citizen's Input.  
No input.
3. Consider approving the minutes from August 16, 2021.
  - A. Alberta Reese made a motion to approve the August 16, 2021 minutes as written.
  - B. Kenneth Williams seconded the motion.
  - C. Approved 5 to 0.
4. Senior Program and activity update.  
Colin Paterson reported there was a trip to the Grapevine Festival last week and it was a success. The trip to the State Fair is planned and DART will be the mode of transportation. A trip to the Arboretum is planned and there is a limit of 10 seniors. Preparations are being made to welcome seniors back once the rooms are open back up.
5. Discuss Light the World for Alzheimer's Awareness Month. (Susan Bell entered)  
Light the World in Teal is an annual program held in November as part of Alzheimer's Awareness Month. People and places around the world "go teal" to raise awareness and show support for the millions of people affected by Alzheimer's. Light the World began in 2002. This year's Light the World in Teal takes place on November 4, 2021. You can light a building, wear a t-shirt, use social media, etc. In 2019 there were 340 landmarks who lit teal to help raise awareness. Iris Memory Care is involved with Alzheimer Awareness and sells t-shirts for \$24. After discussing members unanimously agreed to participate in this event.
6. Update from City Liaison, Pamela Bell.
  - A. Medians on Hwy 66 have had some issues and the vendor's contract is going to be rescinded, although work will be done by another contractor.
  - B. Taste of Fall Harvest starts on Thursday and will occur every Thursday afternoon.
  - C. Farmer's Market on Main on Saturday, October 16, 2021.
  - D. Trunk or Treat is going to be a drive through like last year on October 30, 2021.
  - E. Lunch on Lawn starts begins today and will run through November 11, 2021.
  - F. Neighborhood Summit will be held November 6, 2021 event is now a virtual event.



- G. There is a public budget meeting at City Council tonight.
  - H. Open House for the new fire station is scheduled for October 9, 2021.
7. Follow up on the Health Fair held September 14, 2021.
- A. Alberta Reese reported there were two vendors added and there ended up being four that did not show.
  - B. Holding the event in the gym provided much more space for social distancing. Attendance was over 100. Door prizes were a hit.
8. Follow up on plans for on fall seminars.
- A. September 28, 2021 at 1:00pm - The Basics of Medicare by Scott & White Health. The flier will be ready today and will get sent to members. The location has been changed due to repair construction being done at the community centre. October 12, 2021 at 1:00pm - How to Use Medicare by Scott & White Health Planning. The location will likely need to be at a different location such as City Hall.
  - B. November 9 - Still looking for a speaker for this one. S. Monroe will reach out to a resource and update members.
9. Follow up on the AARP Livable Communities Age-Friendly stakeholder meetings and the action plan.
- Members reviewed and discussed the action plan for Social Participation and Inclusion. Members agreed to proceed with this plan to finalize. Once all three domain plans are complete the board can make a motion to recommend to City Council. Kari Pacheco reported they are working on three goals for Housing and need to work on objectives. Aaron Cleaver stated the Transportation stakeholders will meet next week to discuss goals and then will work on objectives and action steps.
10. Senior Concerns.  
No concerns.
11. Public announcements. Members of the Board and/or staff may make announcements of local civic events.
- A. Brownie Sherrill shared that City Council's first October 5<sup>th</sup> meeting is actually National Night Out, therefore they are not meeting in council chambers with a full agenda.
  - B. Pamela Bell said Salvation Army is hosting the Angel Tree and needs volunteers to help make this year a success. Looking for volunteers to ring the bell and possibly the Senior Advisory Board take a Saturday to volunteer. P. Bell will send information to be sent to board members. Need a sign that says Senior Advisory Board and only two members at a time.
12. Members of the board may request topics for future meetings.  
Discuss Salvation Army volunteerism
13. Adjournment at 10:55am.

  
Virginia Denson, Vice Chair

  
Aaron Cleaver, Parks & Recreation Director