



SENIOR ADVISORY BOARD MINUTES

Monday, October 18, 2021

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

Present: Regular members: Chair: Kenneth Williams; Vice Chair: Susan Bell; Virginia Denson, Alberta Reese, Susan Bell, Cheryl Smith, Wathenia Clark; Alternates: Dianna Lieberenz

Absent: Patricia Bird, Sharon Pouzar

Visitors: Brownie Sherrill

Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Kari Pacheco; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director

1. The Vice Chair, Virginia Denson, called the meeting to order at 10:00am. Quorum present.
2. Administered the Oath of Office and the Statement of Elected/Appointed Office to the newly appointed members.
3. Citizen's Input.
No input.
4. Elect Chair and Vice Chair for 2021 - 2022.
 - A. Kenneth Williams was nominated for Chair. Kenneth Williams accepted the nomination. No other nominations. Members unanimously agreed.
 - B. Susan Bell was nominated for Vice Chair. Susan Bell accepted the nomination. No other nominations. Members unanimously agreed.
5. Consider approving the minutes from September 20, 2021.
 - A. Virginia Denson made a motion to approve the September 20, 2021 minutes as written.
 - B. Albert Reese seconded the motion.
 - C. Approved 7 to 0.
6. Orientation for newly appointed members.

Aaron Cleaver welcomed the new board members. A general overview of the board's function, meeting times, how to access information, who this board serves, how to get information on an agenda, suggestions and steps to take when a member has an idea, goals and accomplishments, annual reporting. Appreciation of the volunteerism required for this board was expressed.
7. Senior Program and activity update.

Aaron Cleaver reports things are going well considering the room repairs at the community centre. The latest trip was to the State Fair. Colin Paterson, Senior Programmer, is currently working on programs and trips for January through April.



The Rowlett Community Centre is still going through repairs and hopefully will be complete within 2-3 weeks so all programs can be active.

8. Follow up on Light the World for Alzheimer's Awareness Month.
Registration for participating in this event is complete. There will be a proclamation presented during the City Council meeting on November 2, 2021. Iris Memory Care will be present, and this board is encouraged to be present too. On November 4, 2021 the water tower by Veterans Park will be lit in the color teal. Iris Memory Care is involved with Alzheimer Awareness and sells t-shirts for \$24 if any members would like to purchase one.
9. Update from City Liaison, Pamela Bell.
 - A. New board members were welcomed.
 - B. Prescription Drug take back will be held at the Wet Zone parking lot from 10am-2pm and coordinated by the Rowlett Police Department.
 - C. Trunk or Treat will be a drive-through style event like last year on October 30th from 5:00pm - 8:00pm.
 - D. Veterans Day Ceremony will be held November 11th at 11:00am at Veterans Parks.
 - E. Barks, Brews, Brats will be held November 6th from 6:00pm - 9:00pm at Scentral Bark Dog Park.
 - F. Lunch on Lawn continues each Monday from 11am - 2pm and will run through November 11, 2021.
 - G. The Tri-City Neighborhood Summit will be held November 6th as a virtual event.
 - H. Early voting starts today.
 - I. A Job Fair will be offered on October 26th from 11am - 3pm at the Rowlett Community Centre.
 - J. National Night Out was held October 5th and fifteen communities participated which is much lower than some previous years and likely due to COVID19.
 - K. Within city buildings, face masks are optional for persons to wear.
 - L. Freedom Church will be holding a domestic violence seminar.
 - M. Suggestion made for Senior Advisory Board to get involved with the Salvation Army's Christmas red kettle fund raising this year. Requires two persons per a shift. Participation could bring more awareness to the Senior Advisory Board. There is no schedule yet, therefore more information is to come.
10. Follow up on The Basics of Medicare held September 28, 2021, and on the seminar to be held November 9, 2021.
 - A. Kenneth Williams reported 5 persons, excluding board members, attended The Basics of Medicare seminar and 9 persons, excluding board members, attended The Extended Medicare program held October 12, 2021. Alberta Reese said the second presentation focused more on the Baylor, Scott & White plan but suggests for persons to compare different plans before making any decisions.
 - B. The Counseling Institute of Texas, Inc. is presenting for the November 9, 2021 seminar. Nekandra Coulter, LPC, presentation is titled Information, Ideas and Resources to Maximize Mental Health Services for Seniors. Members briefly discussed this title and the flyer. The flyer should be ready by Wednesday and will be sent to members.

11. Discuss the AARP Livable Communities Age-Friendly Action Plan timeline and the next steps.
 - A. The upcoming timeline was presented and briefly discussed. The domain section for the action plan will be completed by November 15, 2021. The entire plan will be completed by this board's December 20, 2021 meeting, whereas the board will make a formal recommendation. By January 5, 2022, the plan will be submitted to AARP for a courtesy review. On February 1, 2022 the plan will be presented to City Council with hopefully submitting the approved final plan to AARP February 2, 2022. Members will discuss at the next meeting if a work session in December will be needed to review of this plan.
 - B. The Transportation domain draft action plan was provided to members for review and the Housing domain draft action plan will be emailed to board members this week.

12. Begin discussion on goals for 2021-2022.
 - A. Goals for 2020-2021 were provided to members as a reference in the development of the new goals. A brief discussion resulted in continuing with Education to include seminars, health fair, and develop plans for a Resource Fair.
 - B. Seminar dates for January through April were provided but no topics yet.
 - C. Board tasks such as Health Fair Coordinator, Senior Workshop Coordinator, Volunteer Tracking and Recognition, and Senior Business Award will need to be appointed at the next meeting.

13. Senior Concerns.
No concerns.

14. No Public announcements.

15. Members of the board may request topics for future meetings.
No topics requested

16. Adjournment at 11:13am.



Kenneth Williams, Chair



Aaron Cleaver, Parks & Recreation Director