



SENIOR ADVISORY BOARD MINUTES

Monday, November 15, 2021

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

Present: Regular members: Chair: Kenneth Williams; Vice Chair: Susan Bell; Virginia Denson, Alberta Reese, Susan Bell, Cheryl Smith, Wathenia Clark; Alternates: Dianna Lieberenz, Sharon Pouzar

Absent:

Visitors: Brownie Sherrill

Staff: Shelly Monroe, Parks and Recreation Administrative Assistant; Pamela Bell, City Council Liaison; Aaron Cleaver, Parks and Recreation Director

1. The Chair, Kenneth Williams, called the meeting to order at 10:00 a.m. Quorum present.
2. Citizen's Input.
No input.
3. Consider approving the minutes from October 18, 2021.
 - A. Alberta Reese made a motion to approve the October 18, 2021 minutes as written.
 - B. Virginia Denson seconded the motion.
 - C. Approved 6 to 0.
4. Community Development presentation. (Susan Bell entered)
 - A. Asher Moore with Animal Shelter explained what the shelter does and how it operates; will catch lost dogs; cats are not considered as lost animals so unless caged or hurt will not pick up cats; will assist with wildlife; adoption of animals is available; Registration with the city is for purpose of following rabies compliance. 911wildlife or National Human Society websites provides information on how to assist with wildlife in your yard.
 - B. Janet Tucker with Neighborhood Services which includes Code Enforcement. Environmental Health inspects restaurants and there are about 200 in Rowlett; hotels, swimming pools, apartment complexes - a preopening inspection and then one other time in the working season but some changes are being made therefore there some will have more frequent inspections; Do foster home inspections. Explained the spraying for mosquitos and guidelines for spraying. Code Enforcement: city is divided into five areas - there is a map online - mix of commercial and residential; complaint-based requests are responded to within 48 hours; proactive based on staff driving their assigned area to notice any if there are any infractions. Several questions asked on Code Enforcement and J. Tucker provided answer all. They also cover rental property registration which includes types such as Air B & B.
 - C. Lilyana Morejon with Neighborhood Planning is composed of a team of three staff and a division of Urban Housing. Recently held Neighborhood Summit in



conjunction with Garland and Sachse. There is an element of long range goal of looking at trends for neighborhood engagement. Strengthen neighborhood livability and enhancing the quality of life. The next City Academy will start again at the end of February or beginning of March which runs for 13 weeks.

5. Senior Program and activity update.
Colin Paterson reports most of the banquet rooms are back to working except for room D. There will be a pot luck Thanksgiving luncheon this week and register at the Rowlett Community Centre and attendees bring a side dish. Senior field trips - art museum is next week and full. December 2nd is a trip to Canton with a limit of 10 persons to attend; Would like to use a transport bus but there. DART passes are being given out - looking to schedule a class in December or January for walking through using DART. Starting to look at evening - Murder Mystery Dinner Party - \$15, catered food but the date has yet to be scheduled.
6. Update from City Liaison, Pamela Bell.
 - A. City Council approved a ladder truck for Fire Department and along with that there will be another truck to use for free.
 - B. Red light will be placed at Martin and Lakeview Parkway - not sure when this will be done. Delay has been because of TX Dot approval.
 - C. Prescription Drug take back will 200 lbs. collected
 - D. Drew Rist, Creative Service Producer, will soon have a studio office on Main Street.
 - E. Holiday Parade will be December 4th. There will also be a decorate downtown with Christmas trees. Starts on Nov 29th and up by Dec 3rd so ready by tree lighting.
 - F. A meeting with Salvation Army will be soon then will provide S. Monroe the information to disperse to board members. Set up the Senior Advisory Board banner by using pvc pipes in cement buckets.
7. Follow up on the educational seminar held on November 9, 2021.
 - A. Kenneth Williams reported 9 persons, excluding the 5 board members who were presented, attended this seminar. Nekandra Coulter, LPC, with The Counseling Institute of Texas, Inc. did a fantastic presentation covering issues of loneliness, isolation, resources, etc.
8. Discussion and decide on goals for 2021-2022 to include suggestions for seminars next year.
 - A. Goals for 2020-2021 were provided to members to use as a reference in the development of the new goals. A brief discussion resulted to a) Education for Seniors by way of seminars, health fair, and develop plans for a Resource Fair; b) Research senior-friendly services - support the AARP Age-Friendly Action Plan process and c) Communication which will help with finding ways to reach more seniors on topics of interest with circles of influence.
 - B. Seminars will be held the second Tuesday of the month January through April were Member discussed and agreed on topics for these free seminars. The topics chosen is B1) Alzheimer's education; B2) Health, fitness & nutrition for seniors, B3) Scams. Other possible topics for future seminars could be Rowlett's neighborhood services, wills & estates, life after covid, financial support - Medicare, how to move forward after losing a spouse.

9. Decide whether to hold a work session and/or review the section of the AARP Livable Communities Age-Friendly Action Plan for the three domains to be approved.
 - A. The upcoming timeline was presented and briefly discussed. The domain section for the action plan will be completed by November 15, 2021. The domain action plan will be completed by this board's December 20, 2021 meeting, whereas the board will make a formal recommendation. By January 5, 2022, the plan will be submitted to AARP for a courtesy review. On February 1, 2022, the plan will be presented to City Council with hopefully submitting the approved final plan to AARP February 2, 2022. Members will discuss at the next meeting if a work session in December will be needed to review of this plan.
 - B. Members have all three domain action plans. A work session will be scheduled for December 6th at 10:00am at the Rowlett Community Centre to go through the domain action plans thoroughly.

10. Discuss December and January meeting dates.
 - A. December date is on the 20th, the week of Christmas. There will be enough members to have a quorum at this meeting.
 - B. January date is on the 17th which is Martin Luther King holiday and city offices are closed. This meeting is to be moved to January 24th.

11. Appoint members for the Health Fair Coordinator, Senior Workshop Coordinator, Volunteer Tracking & Recognition, and Senior Business Award.
 - A. Health Fair - Virginia Denson
 - B. Senior Workshop Coordinator - Susan Bell
 - C. Volunteer Tracking and Recognition - Cheryl Smith
 - D. Senior Business Award - Wathenia Clark

12. Senior Concerns.
 - A. Pam Bell -shared a recent story revolved around house selling someone's house and how seniors are a target for scams. She encourages persons to be mindful of circumstances when time to sign any documents and explained.
 - B. Wathenia Clark brought up the issue of getting information out to the community on senior activities. Much of this is addressed in the AARP domain action plan, therefore more ways will be incorporated. Seniors can go to www.Rowlett.com/seniors.

13. No Public announcements.

14. Members of the board may request topics for future meetings.
 - A. Communicating with community
 - B. Discuss future plan for health fair

15. Adjournment at 11:43 am.



Susan Bell, Vice Chair



Aaron Cleaver, Parks & Recreation Director