



## SENIOR ADVISORY BOARD MINUTES

Monday, December 20, 2021

Rowlett City Hall

4000 Main Street

Rowlett, TX 75088

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**Present:** Regular members: Vice Chair: Susan Bell; Virginia Denson, Alberta Reese, Cheryl Smith, Wathenia Clark; Alternates: Dianna Lieberenz, Sharon Pouzar

**Absent:** Chair: Kenneth Williams

**Visitors:** Brownie Sherrill, Larry and Gaylynn Beckham

**Staff:** Shelly Monroe, Parks and Recreation Administrative Assistant; Pamela Bell, City Council Liaison; Kari Pacheco, Parks and Recreation Assistant Director

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1. The Vice Chair, Susan Bell, called the meeting to order at 10:03 a.m. Quorum present.
2. Citizen's Input.  
No input.
3. Consider approving the minutes from November 15, 2021, and Work Session minutes from December 6, 2021.
  - A. Virginia Denson made a motion to approve the October 18, 2021 minutes as corrected. Alberta Reese seconded the motion. Approved 5 to 0.
  - B. Alberta Reese made a motion to approve the December 6, 2021 minutes. Cheryl Smith seconded the motion. Approved 5 to 0.
4. Senior Program and activity update.

The next Murder Mystery Dinner Party is scheduled in January, along with one in February, March, and April. The Fort Worth Stock Show and Rodeo trip will be held January 24<sup>th</sup> at \$25. There was a good turnout of attendees for the trip to Grand Prairie Lights.
5. Update from City Liaison, Pamela Bell.
  - A. City of Rowlett made revenue off the sales tax this year.
  - B. City Manager's year end evaluation is available for viewing by video located on the city website.
  - C. In January Sapphire Bay should begin building vertical.
  - D. Applications for those who are interested in being on the next bond committee will be available soon.
  - E. City Council volunteered for the Salvation Army Red Kettle at Walmart. Rowlett came in second behind Garland for the most funds collected.
  - F. The application period for the Residential Safe Room Rebate Program started November 23<sup>rd</sup> and will be open through April 1, 2022. This is a first come first serve process. Rebates are up to \$3,000 or fifty percent of the construction or installation cost, whichever is less.

6. Discuss the scheduling of a Health Fair or a Resource Fair.  
Board members agreed holding either fair in the gym works out much better than in the rooms because there is more space for the event and better for social distancing. This may allow up to 45 vendors versus 40. With looking to hold a fair in September, the vendor invites will go out in June. Members are to bring back ideas of vendors if holding a Resource Fair and further discuss to decide.
7. Follow up on 2022 seminars.  
The focus of the January 11<sup>th</sup> topic will be about scams. Shelly Monroe will connect with the Police Department for a speaker. February 8<sup>th</sup> seminar topic will be about Alzheimer education and S. Bell is working on a speaker. The speaker for March 8<sup>th</sup> seminar about health, nutrition and fitness is still in process. Virginia Denson and S. Monroe are working on obtaining a speaker. Members will consider whether to hold a fourth seminar in April if the health/resource fair will be in September.
8. Discuss and make a recommendation on the AARP Livable Communities Age-Friendly Action Plan for the domains.  
Susan Bell made a motion to recommend the domain specific action plan to City Council for approval and implementation. Virginia Denson seconded the motion. Approved 5 to 0.
9. No Senior Concerns.
10. No Public announcements.
11. No Members of the board requested topics for future meetings.
12. Adjournment at 10:50 am.



Susan Bell, Vice Chair



Kari Pacheco, Parks & Recreation Assistant Director