

## Swim Lessons

Classes will meet Wednesday through Friday. Group lessons with a maximum of 8 students are \$55 per student and will meet three times a week for two weeks. Private lessons with one-on-one instruction are \$125 per student and will meet three times a week for one week. Upon graduation from the class, each student will receive a free ticket to the Wet Zone! Registration begins April 1, 2018 online at [wetzonewaterpark.com](http://wetzonewaterpark.com), or in person at the Rowlett Community Centre, 5300 Main Street. Refunds will only be given for missed classes due to inclement weather, facilities issues, or instructor availability.

### Parent/Child (6m – 3 years)

This class is an introduction to the water for the toddler, ages 6 months to 3 years, and parent! Water safety and cueing is emphasized in this class. One parent per child must be in the water for the duration of the class.

### Tadpole (Preschool Level, ages 3 – 5 years)

Learning through games is applied at this level. Children learn safety around the pool as well as water exploration. Getting the face wet and feeling comfortable are the main goals of this class.

### Shrimp (Level 1, ages 6 and up)

Introduction to water skills including water entry/exit, submerging face and head, exhaling and opening eyes under water, floating, roll over, and basic stroke introduction.

### Seahorse (Level 2, ages 6 and up)

Focus is on stroke development including freestyle, rotary breathing, breast stroke, backstroke, butterfly, swimming in deep water & basic assists.

### Shark (Level 3, ages 10 and up)

Stroke improvement including freestyle, breast stroke, backstroke, butterfly, elementary backstroke and safety.

2018 PRIVATE LESSONS						
WEDNESDAY/THURSDAY/FRIDAY						
June 13 - 15	June 20-22	June 27 - 29	July 11 -13	July 18 - 20	July 25 - 27	August 1 - 3
8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p 8:15 – 9p

2018 GROUP LESSONS				
WEDNESDAY/THURSDAY/FRIDAY				
Level	June 13 - 22	June 27 – 29*	July 11 - 20	July 25 – August 3
Parent/Child (6m – 3 years)	9:30 – 10:15a 6:15 – 7p	9:30 – 10:15a 6:15 – 7p	9:30 – 10:15a 6:15 – 7p	9:30 – 10:15a 6:15 – 7p
Tadpole (Ages 3-5)	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p
Shrimp (6+ years)	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p
Seahorse (6+ years)	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p	8:30 – 9:15a 9:30 – 10:15a 7:15 – 8p
Shark (10-12 years)	9:30 – 10:15a 8:15 – 9p	9:30 – 10:15a 8:15 – 9p	9:30 – 10:15a 8:15 – 9p	9:30 – 10:15a 8:15 – 9p
Adult (13+ years)	8:15 – 9p	8:15 – 9p	8:15 – 9p	8:15 – 9p

\*Please note that this class is only 3 days, and costs of \$30.