

RESOURCES FOR SENIORS

EMERGENCY NUMBERS	PHONE	WEBSITE
Adult Protective Services	800-252-5400	www.dfps.state.tx.us
Animal Control Rowlett	972-412-6219	
Atmos Energy (Hotline to report escaping gas)	866-322-8667	
Domestic Violence Hotline (if deaf)	855-812-1001	
Domestic Violence Hotline	800-799-7233	www.ndvh.org
Emergency Services-Police/Fire/Ambulance	911	
National Sexual Assault Hotline	800-656-4673	www.rainn.org
Poison Control	800-222-1222	www.poisoncontrol.org
Poison Control – Animals (fee based)	888-462-4435	www.asPCA.org/pet-care/animal-poison-control
Rowlett Police-Non-Emergency	972-412-6200	
Rowlett Fire-Non-Emergency	972-412-6230	
Water/Sewer After Hours Emergency	972-412-6200	
Finding Help in Texas	Phone	Website
Dallas Area Agency on Aging	214-817-5065	www.ccadvance.org/seniors
Dallas County Health & Human Services (energy asst)	214-819-1848	www.dallascounty.org/department/hhs/olderadult.html
Garland Area Habitat for Humanity (serves Rowlett)	972-414-6894	www.garlandhabitat.org
Legal Aid of Northwest Texas	888-529-5277	
Rowlett Housing Finance Corporation	469-431-0108	www.rowletthfc.org
Salvation Army in Garland (utility assistance)	972-272-4531	www.salvationarmydfw.org/p/locations/garland
Senior Citizens of Rowlett (SCOR)	469-863-3179	www.facebook.com/SCOR-Senior-Citizens-of-Rowlett-471490453599612
Senior Activity Center, 600 West Avenue A, Garland, Texas	972-205-2769	
Texas Health & Human Services Commission	211	www.hhs.texas.gov
Medical Help and Health Related Information	Phone	Website
Alzheimer's Association	800-272-3900	www.alzfdn.org
American Cancer Association	214-819-1200	www.cancer.org
American Heart Association	214-441-4200	www.heart.org/en/affiliates/texas/dallas
American Red Cross	214-678-4800	www.redcross.org/local/texas/north-texas.html
Baylor Scott & White Medical Center, Rowlett	972-412-2273	www.bswhealth.com/locations/lake-pointe
Deaf Action Center	877-541-7905	www.deafactioncenter.org
Hard of Hearing & Speech Disabled	214-628-5735	
Medicaid	800-252-8263	www.hhs.texas.gov/services/health/medicaid-chip
Medicare	800-633-4227	www.medicare.gov
Parkland Memorial Hospital	214-590-8000	www.parklandhospital.com
State Health Insurance Assistance Program	800-252-9240	www.hhs.texas.gov/Medicare
Suicide line (Mental Health)	800-227-2345	www.mentalhelp.net
Tx Health Presbyterian Hospital of Rockwall	469-698-1000	www.texashealthrockwall.com
US Government	Phone	Website
Internal Revenue Service	800-829-3676	www.irs.gov
Social Security Office	800-772-1213	www.va.gov
Veterans Affairs, Dept. of	800-827-1000	www.va.gov

Veterans Affairs, Rowlett	972-463-8762	www.LifeMessage.org
Transportation	Phone	Website
Dart Para-Transit Handicapped	214-515-7272	www.dart.org/riding/paratransit.asp
Go Link Rowlett	214-452-1827	www.dart.org/riding/golink.rowlett.asp
STAR Transportation (Rockwall County)	214-771-0023	www.startransit.org
Assistance with Food	Phone	Website
Dallas Co. Health & Human Services	214-819-1860	www.dallascounty.org/department/hhs/olderadult.html
Life Message	972-475-9800	www.lifemessage.org
Meals on Wheels Dallas County	214-689-2639	www.ccgd.org
Meals on Wheels Rockwall County	972-771-9514	www.rockwallmealsonwheels.org
Rowlett	Phone	Website
City of Rowlett	972-412-6100	www.ci.rowlett.tx.us
City of Rowlett Action Center (answers questions)	972-412-6100	
Rowlett Chamber of Commerce	972-475-3200	www.rowlettchamber.com
Rowlett Community Centre	972-412-6170	
Rowlett Library	972-412-6161	
Rowlett Post Office	800-275-8777	www.usps.gov
Rowlett Water Department	972-412-6105	
Other Numbers	Phone	Website
AARP Office	888-687-2277	www.aarp.org
Better Business Bureau	214-220-2000	www.bbb.org
General Information – government	888-382-1222	www.usa.gov
Internet WEB Pages	Phone	Website
Compare/select electric service providers		www.powertochoose.org
Crime in your neighborhood		www.rowlett.com
Free Credit Report		www.annualcreditreport.com
General Information	888-382-1222 844-872-4481	www.usa.gov
National Do Not Call List		www.donotcall.gov
Rowlett Seniors Page		www.ci.rowlett.tx.us/305/seniors

“Resources for Seniors” is put together by volunteers with the Senior Advisory Board. Please contact the Rowlett Community Centre at 972-412-6170 if a number or website is incorrect or if you would like to add a resource!