

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Golf Cart Hours M/F 9:00am – 12:00pm T/W/Th 8:00am – 12:00pm M/Th/F 3:00pm – 4:30pm	*denotes that you must register for the class or event **denotes that you must have a punch card for this class ***denotes that this day will have Mahjong	Rowlett Community Centre 5300 Main St. Rowlett, Texas 75088	1 **Drumba 8:30 am *Senior Fit 9:30 am Bridge 10:00 am *Senior Archery 1:30 pm Chair Volleyball 2:00 pm	2 **Senior Stretch 9:00 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	5 SCOR Bingo 8:30 am **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	6 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Chair Volleyball 11:00 am Bluegrass Hangout 1:30 pm	7 Poker 9:00 am *PACE 9:30 am Get Energized 10:30 am Table Games 11:30 am *Birthday Party 11:30 am Book Club 1:00 pm	8 **Drumba 8:30am *Senior Fit 9:30 am Bridge 10:00 am *Potluck Social 11:30 am *Senior Archery 1:30 pm	9 **Senior Stretch 9:00 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	12 **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	13 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Chair Volleyball 11:00 am The Writing Salon 11:30 am	14 Poker 8:30 am *PACE 9:30 am Get Energized 10:30 am ***Table Games 11:30 am	15 **Drumba 8:30 am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am *Senior Archery 1:30 pm	16 Trip to Waco 8:00am **Senior Stretch 9:00 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	19 **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	20 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Bluegrass Hangout 1:30 pm	21 Poker 9:00 am *PACE 9:30 am Get Energized 10:30 am Table Games 11:30 am	22 **Drumba 8:30am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am *Senior Archery 1:30 pm	23 **Senior Stretch 9:00 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	26 **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	27 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Out to Lunch Bunch 11:30 am	28 *PACE 9:30 am Get Energized 10:30 am ***Table Games 11:30 am	29 **Drumba 8:30 am Poker 9:00 am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am	30 **Senior Stretch 9:00 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	

AUGUST EVENTS

August 7th

Senior Book Club talks about *The World is my Home* by James Michener

1:00 pm - 2:00 pm

August 13th

The Writing Salon, our Senior Creative Writing Group led by Chelle Colon. Bring your lunch.

11:30am-1:00pm

August 27th

Applebee's Rowlett located at 4616 Lakeview Pkwy, Rowlett, TX 75088

11:30am-12:30pm