

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rowlett Community Centre 5300 Main St. Rowlett, Texas 75088	*denotes that you must register for the class or event **denotes that you must have a punch card for this class ***denotes that this day will have Mahjong	Golf Cart Hours M/F 9:00am – 12:00pm T/W/Th 8:00am – 12:00pm M/Th/F 3:00pm – 4:30pm			1 **Senior Stretch 9:30 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	4 SCOR Bingo 8:30 am **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	5 **Drumba 8:30 am Bingo 8:30 am Trip to Federal Reserve 9:00am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Bluegrass Hangout 1:30 pm	6 Poker 9:00 am *PACE 9:30 am Get Energized 10:30 am Table Games 11:30 am *Birthday Party 11:30 am Book Club 1:00 pm	7 **Drumba 8:30 am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am *Senior Archery 1:30 pm	8 NO Senior Stretch NO PACE Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	11 NO Senior Stretch Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	12 **Drumba 8:30 am Bingo 8:30 am Free Eye Screening 9:00am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am The Writing Salon 11:30 am SAB Seminar 1:00pm	13 Poker 9:00 am *PACE 9:30 am Get Energized 10:30 am Table Games 11:30 am	14 **Drumba 8:30am *Senior Fit 9:30 am Bridge 10:00 am *Potluck Social 11:30 am *Senior Archery 1:30 pm	15 **Senior Stretch 9:30 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	18 **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	19 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Bluegrass Hangout 1:30 pm	20 Poker 9:00 am *PACE 9:30 am Get Energized 10:30 am Table Games 11:30 am	21 **Drumba 8:30am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am *Senior Archery 1:30 pm	22 **Senior Stretch 9:30 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	
	25 **Senior Stretch 9:30 am Get Energized 10:30 am *Senior Fit 11:00 am Table Games 11:30 am **Tap Dance 1:00 pm	26 **Drumba 8:30 am Bingo 8:30 am *SAIL 9:30 am Maker Space 10:00 am **Line Dancing 10:30 am Out to Lunch Bunch 11:30 am	27 *PACE 9:30 am Get Energized 10:30 am ***Table Games 11:30 am	28 **Drumba 8:30 am Poker 9:00 am *Senior Fit 9:30 am Bridge 10:00 am Chair Volleyball 11:00 am *Senior Archery 1:30 pm	29 **Senior Stretch 9:30 am *PACE 9:30 am Get Energized 10:30 am *SAIL 10:45 am Table Games 11:30 am	

NOVEMBER EVENTS

November 6th

Senior Book Club talks about *The World According to Bob* by James Bowen

1:00 pm - 2:00 pm

November 12th

The Writing Salon, our Senior Creative Writing Group led by Chelle Colon. Bring your lunch.

11:30am-1:00pm

November 26th

Lakewood Cafe located at 8301 Lakeview Pkwy, Rowlett, TX 75088

11:30am-12:30pm