

GYMS AND EXERCISE FACILITIES PROTOCOL

Business Protocol	Restrictions	Best Practices/Suggested Guidelines	Staff Liaison
<p align="center">Protocol for Employees</p>	<ul style="list-style-type: none"> • May operate at 25% total listed occupancy (does not include employees or contractors) • Locker rooms and shower facilities are to remain closed, but restrooms may be open <hr/> <ul style="list-style-type: none"> • Train all employees and contractors on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette • Screen employees or contractors for any new or worsening signs or symptoms of possible COVID-19 before coming into the library • Do not allow employees or contractors with the new or worsening signs or symptoms of COVID-19 return to work until all three of the following criteria are met: i. at least 3 days/72 hours have passed since recovery (resolution of fever without the use of fever-reducing medications); ii. and the individual has improvement in respiratory symptoms (e.g., cough, shortness of breath); iii. and at least 7 days have passed since symptoms first appeared • Do not allow an employee or contractor with known close contact to a person who is lab-confirmed to have COVID-19 to return to work until the end of the 14-day self-quarantine period from the last date of exposure • Have employees and contractors wash or sanitize their hands upon entering facility 	<ul style="list-style-type: none"> • Recommend customers wear gloves when using exercise equipment 	<p>Janet Tucker Neighborhood Services Manager 972.412.6123 jtucker@rowlett.com</p>

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Health Protocol

- Have employees and contractors maintain at least 6 feet separation from other individuals. If such distancing is not feasible, then other measures including face covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced
- If a gym or exercise facility or class provides a meal for employees and/or contractors, the gym or exercise facility is recommended to have the meal individually packed for everyone
- Encourage employees to wear cloth (non-medical) face coverings (over the nose and mouth)
- Space workout equipment to provide for at least 6 feet separation between patrons
- Regularly and frequently clean and disinfect any regularly touched surfaces, such as doorknobs, tables, chairs, and restrooms
- Disinfect any items that come into contact with customers
- **Provide equipment cleaning products throughout the gym or exercise facility or class for use on equipment, including dead weights**
- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available employees, contractors and customers
- Place readily visible signage at the gym or exercise facility or class to remind everyone of best hygiene practices
- For facilities with more than 10 employees, and/or contractors present at one time, consider having an individual wholly or partially dedicated to

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ensuring the health protocols adopted by the facility are being successfully implemented and followed.

Please direct your queries to Janet Tucker at 972.412.6123 or jtucker@rowlett.com, Neighborhood Services Manager, Department of Community Development