

RESOURCES FOR SENIORS

EMERGENCY NUMBERS	PHONE	WEBSITE
Emergency Services-Police/Fire/Ambulance	911	
Rowlett Police-Non-Emergency	972-412-6200	
Rowlett Fire-Non-Emergency	972-412-6230	
Animal Control Rowlett	972-412-6219	
Atmos Energy(Hotline to report escaping gas	866-322-8667	
Poison Control	800-222-1222	www.poisoncontrol.org
Water/Sewer After Hours Emergency	972-412-6200	
Adult Protective Services	214-951-7902	www.dfps.state.tx.us
Domestic Violence Hotline	800-799-7233	www.ndvh.org

Finding Help in Texas	Phone	Website
Texas Health & Human Services Commission	211	www.hhsc.state.tx.us/Help/index.html
Dallas Area Agency on Aging	214-817-5065	
Senior Activity Center, 600 West Avenue A, Garland, Texas	972-205-2769	
Legal Aid of Northwest Texas	214-748-1234	

Medical Help and Health Related Information	Phone	Website
Lake Pointe Medical Center, Rowlett	972-412-2273	www.lakepointemedical.com
Baylor-Garland Hospital	972-487-5000	www.baylorhealth.com
Presbyterian Hospital of Rockwall	469-698-1000	www.phrtexas.com
Parkland Health Center	214-590-8000	
State Health Insurance Assistance Program	800-252-9240	
Hard of Hearing & Speech Disabled		
Deaf Action Center	214-521-0407	
Medicaid	800-252-8263	
Medicare	800-633-4227	
Mental Health	800-789-2647	
Alzheimer's Asso.	800-272-3900	
American Heart Asso.	214-373-6300	
American Red Cross	214-678-4800	
American Cancer Asso,	214-819-1200	

US Government	Phone	Website
Internal Revenue Service	800-829-3676	
Social Security Office	800-772-1213	
Veterans Affairs, Dept. of	800-827-1000	

Transportation	Phone	Website
DART Customer Service	214-979-1111	
DART Para-Transit Handicapped	214-515-7272	www.dart.org/riding/paratransitguide
STAR Transportation (Rockwall County)	214-771-0023	

Assistance with Food	Phone	Website
(Order low cost box of groceries monthly)		
Dallas Co. Health & Human Services	214-819-2000	
(Housing, Food, Energy Assistance)		
Meals on Wheels Dallas County	214-689-2639	www.ccgd.org
Meals on Wheels Rockwall County	972-771-9514	
Rowlett	Phone	Website
City of Rowlett	972-412-6100	www.rowlett.com
City of Rowlett Action Center (answers questions)	972-412-6100	
Rowlett Chamber of Commerce	972-475-3200	
Rowlett Community Center	972-412-6170	
Rowlett Library	972-412-6161	
Rowlett Post Office	800-275-8777	www.usps.gov
Rowlett Water Department	972-412-6105	
Other Numbers	Phone	Website
Better Business Bureau	214-220-2000	www.bbb.org
AARP Office	214-265-4060	
Internet WEB Pages	Phone	Website
Free credit report		www.annualcreditreport.com
Check crime in your neighborhood		www.crimeweb.net
Compare/select electric service providers		www.powertochoose.org
National Do Not Call List		www.donotcall.gov
General Information		www.usa.gov

“Resources for Seniors” is put together by volunteers with the Senior Advisory Committee. Please contact the Rowlett Community Centre at 972-412-6170 if a number or website is incorrect or if you would like to add a resource!